



Sex, Death, Enlightenment: A True Story

By Mark Matousek

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Sex, Death, Enlightenment: A True Story By Mark Matousek

A self-confessed cynic and nonbeliever, who had overcome a troubled childhood and found success and the high life at *Interview* magazine, describes his painful spiritual awakening, founded on the principles of mystery, passion, sacredness, and bliss.

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Sex, Death, Enlightenment: A True Story By Mark Matousek Bibliography

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Editorial Review

Amazon.com Review

An edgy, no-holds-barred, post-modern memoir that moves with ease from the gritty details of a harrowing childhood, to the soulless meanderings of a young man "making it" in New York City, to the soaring search for meaning.

From Publishers Weekly

Death inspires a hip young New Yorker to quest for spiritual life in this searing memoir. During a vacation in Jamaica in the mid-1980s, Matousek realized that his life was about to undergo a cataclysm. At 28, he was an editor at the chic Manhattan magazine *Interview*. Yet despite success, he was sickened by the meaninglessness of his work; the sight of the magazine's founder, Andy Warhol, "ghostlike, his sharp dead eyes surveying his kingdom," did little to ease his soul. As Matousek and a college friend lazed on the beach, the author saw on his friend's foot a purple spot, a symptom of AIDS. Suddenly, Matousek "knew without question that the virus was in me"?and that "there was not a minute to waste." He determined to gain a glimmer of enlightenment before he died. A guiding angel arrived in the form of Alexander Maxwell, a handsome young writer. The two became lovers, and Maxwell took Matousek to India, with a detour to Germany to meet Mother Meera, a young woman believed by many to be an incarnation of the Goddess. Through the subsequent decade of pain and quest also chronicled in this brave, beautiful and brilliantly observed work, Matousek never forgot her. Finally, he returned to Germany, where he found from Mother Meera confirmation that his own life is the only real path he has ever needed. Author tour.

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From Booklist

At 28, Matousek lived in the glitzy, glamorous world of Andy Warhol's Factory, working as an editor of *Interview* and chronicling the rich, the famous, and the wanna-bes. Ten years later, anomie shriveled him inwardly; his world had become one filled with empty sensations and the devastation of AIDS. He went to India for spiritual enlightenment and to put meaning into a life scarred early by an abusive childhood, teenage prostitution, and violence. He writes of his journey movingly, without either self-pity or preaching, and often with humor, as when, having turned obsessively to a macrobiotic diet after testing positive for HIV, he sees the chef in a macrobiotic restaurant--"the thinnest person I had ever seen outside a hospital" -- keel over dead into the turnip greens and kukicha tea for no apparent reason. His panic when he develops AIDS-related conditions pushes him further spiritually: "Terror is the door to enlightenment," he says. "There's a vitality in facing death. . . . It pushes you to travel fast and deep and wide." *Whitney Scott*

Users Review

From reader reviews:

Walter McBride:

This Sex, Death, Enlightenment: A True Story are reliable for you who want to be considered a successful person, why. The reason of this Sex, Death, Enlightenment: A True Story can be one of the great books you must have is definitely giving you more than just simple reading food but feed anyone with information that probably will shock your preceding knowledge. This book will be handy, you can bring it everywhere you go and whenever your conditions throughout the e-book and printed kinds. Beside that this Sex, Death, Enlightenment: A True Story giving you an enormous of experience including rich vocabulary, giving you

demo of critical thinking that we understand it useful in your day activity. So , let's have it appreciate reading.

Annie Adcock:

A lot of people always spent all their free time to vacation or perhaps go to the outside with them family or their friend. Are you aware? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. If you need to try to find a new activity that is look different you can read the book. It is really fun for yourself. If you enjoy the book that you just read you can spent the entire day to reading a guide. The book Sex, Death, Enlightenment: A True Story it is extremely good to read. There are a lot of people who recommended this book. These folks were enjoying reading this book. If you did not have enough space to bring this book you can buy the e-book. You can m0ore simply to read this book from a smart phone. The price is not too costly but this book possesses high quality.

Todd Jacob:

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