



# Choices in Relationships: An Introduction to Marriage and the Family

By David Knox, Caroline Schacht

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Built on the idea that the right choice is an informed choice, Knox and Schacht's CHOICES IN RELATIONSHIPS equips you with the knowledge and confidence you need to make wise decisions for a lifetime of positive relationships. By applying the text's concepts, and participating in exercises such as the text's self-assessments, you will learn how to approach every intimate relationship with the freedom and responsibility that comes from making educated choices. You will come away with the information that you need to explore the tradeoffs that choices involve, learn how to view situations in a positive light, and understand how not making a choice is really a choice after all.

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**Choices in Relationships: An Introduction to Marriage and the Family** By David Knox, Caroline Schacht **Bibliography**

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### **Editorial Review**

#### **Review**

"This textbook is a very comprehensive, engaging exploration of the topic of family and relationships. It represents an intersection of sociological and psychological findings, and provides students ample opportunities to consider their own relationship choices and options through thoughtful sidebars and self-assessments."

"This text is quite useful for a survey course in Family Studies. It has current research and is very user friendly. Students seem to find it accessible and it has appropriate 'bells and whistles' to keep the millennial generation's attention."

#### **About the Author**

David Knox, Ph.D., is professor of sociology at East Carolina University, where he teaches courtship and marriage; marriage and the family; and sociology of human sexuality. He is a marriage and family therapist as well as the author or co-author of 12 books and over 100 professional articles.

Caroline Schacht, M.A. in Sociology and M.A. in Child Development and Family Relations, is Instructor Emeritus at East Carolina University. She retired from a career teaching sociology to become a certified Romana's Pilates instructor. She is co-author of several textbooks and balances her time writing and revising, teaching Pilates in her home studio, and writing children's verses and songs for her grandchildren.

### **Users Review**

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##### **Neil Turner:**

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##### **Effie Phillips:**

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