



# Take Charge of Your Healthcare Management Career: 50 Lessons That Drive Success

By Kenneth R. White, J. Stephen Lindsey

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Success isn't something you are born with; it is carefully cultivated and mastered. And a job, when it works well, can fit like a glove and provide you with immense personal and professional satisfaction. This book's 50 succinct lessons will guide you as you begin your career in healthcare management and help you achieve success and professional fulfillment whatever your role.

Each of the 50 lessons outlines traits, behaviors, and skills needed to maximize strengths, master career success, and achieve the perfect job fit. White and Lindsey, in various academic and healthcare management roles, have provided career counseling for hundreds of students and early careerists. This book compiles their advice and the lessons they've learned from those interactions. Each lesson concludes with helpful exercises that will prompt self-reflection and recommended resources for additional information.

Written in a conversational, friendly style, the 50 lessons broadly cover three major areas: managing yourself, managing your job, and taking charge of your career. The 50 lessons are filled with bulleted lists and quick tips and address specific topics such as:

Establishing a life vision and developing a personal brand

Managing the first 90 days of your healthcare management position

Mastering presentations through writing and speaking tips

Building and supporting strong teams

Developing a professional development plan

Balancing life and work

New graduates of master's programs and early careerists in the field will particularly benefit from this book, but readers at other points in their career will also find it useful.

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#### Review

"I love this book. I wish all managers and executives could read it and, even more importantly, follow the suggestions! The topics are pertinent in any managerial field and the information is presented succinctly, but effectively. The authors have done an excellent job of hitting all of the highlights and necessary skills for those in management. Their tips to success are right on target. Five stars!" --Doody's Review Service

#### About the Author

**Kenneth R. White, PhD, APRN-BC, FACHE, FAAN**, is the University of Virginia (UVA) Medical Center endowed professor of nursing and associate dean for strategic partnerships and innovation in the School of Nursing at UVA. He also holds joint appointments in the UVA Darden School of Business and McIntire School of Commerce. He has more than 40 years experience in healthcare organizations in clinical, administrative, governance, and consulting capacities. He is a Fellow of the American Academy of Nursing as well as a Fellow, former Regent, and former member of the Board of Governors of the American College of Healthcare Executives.

**J. Stephen Lindsey, MHA, FACHE**, has been a principal with Ivy Ventures, LLC, since 2003 and focuses on growth opportunities and business development. Before joining Ivy Ventures, he served as the CEO of HCA Henrico Doctors Hospital in Richmond, Virginia for many years and held the position of chairman of Manorhouse Retirement Centers. He is an adjunct professor in the Department of Health Administration at Virginia Commonwealth University, where he taught executive skills and coordinated the residency program for a number of years. Before entering the healthcare field, he was an infantry officer in the US Army.

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