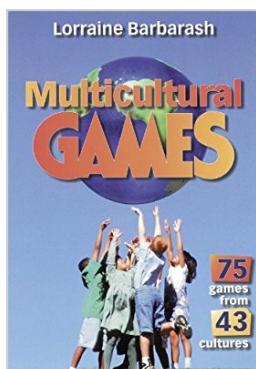


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## Multicultural Games

*By Lorraine Barbarash*

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### Multicultural Games By Lorraine Barbarash

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*Multicultural Games* provides ideas and strategies that will help your students develop an awareness of and appreciation for other cultures while enjoying physical activity.

Featuring 75 games from 43 countries or cultures on 6 continents, this practical reference is an excellent source for building an interdisciplinary and multicultural curriculum. It can also help educators meet NASPE's national content standards for multicultural awareness at the elementary and middle school level.

All the games are presented in a standard, easy-to-use format that includes information about:

- where the game originated,
- the optimal number of participants,
- the appropriate age group,
- the gross motor rating,
- the competition level,
- the appropriate playing area,
- the type of equipment needed,
- how to play the game, and
- adaptations of the game.

The Game Finder at the end of the book lets you easily identify games that meet the criteria you want.

Each game has two special elements that help students discover other cultures and learn more about their own. "'Did You Know?'" provides a brief fact about some aspect of the culture and is designed to stimulate questions and discussion. "'Culture Quest'" suggests additional activities that encourage deeper investigation into a culture.

Plus, all the games, which have been successfully "kid-tested," use common gymnasium equipment and stress safety.

You'll appreciate *Multicultural Games* for its perfect blend of cultural awareness, physical activity, skill practice, and fun.

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**Lorraine Barbarash** has been teaching in a multiethnic high school in New York since 1978 and has been the assistant principal for health and physical education and the athletic director there since 1987. Her extensive experience working with children also includes more than three decades at camps as a counselor, group leader, athletic director, and assistant head counselor; several seasons as a varsity, high-school girl's and boy's soccer coach; and three years as a Cub Scout den leader.

Lorraine is also the author of *Are We Having Fun Yet?*, a popular games and activity book that was listed as a best-seller by the American Camping Association for two years. She has presented workshops based on the book at the American Camping Association Conference.

A member of the American Association of Health, Physical Education, Recreation and Dance and the National Soccer Coaches Association of America, Lorraine holds a master's degree in supervision and administration in health and physical education. She lives in Staten Island, New York, where she enjoys reading, walking, and attending her son's athletic games.

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