



# A Soul's Delight: Your Step-By-Step Higher Self Integration Journey

By JoyBeth JoyBeth

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This book provides the reader with information, inspiration, resources, and practical activities to help them learn and become Soul Attuned through The Higher Self Integration process.

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## **Editorial Review**

### **About the Author**

JoyBeth has served as a counselor, educator, spiritual healer, and metaphysician with both Bachelor's and Master's Degrees. She is currently working on her Doctorate of Ministry in Spirituality. As a joyfully passionate lover of the multisensory and multidimensional life Soul Awareness allows us to fully participate in, she is dedicated to Soul Consciousness and Evolution and Soul Attunement through The Higher Self Integration Process. JoyBeth's autobiographical companion book, Beyond Belief Into Knowing: My Soul's Journey, takes you on a chronicle of our times that reads a little like science fiction yet, in its honesty and truth, shows the intimate realities of this multidimensional life we live in. . . . To read about JoyBeth's book Beyond Belief Into Knowing: My Soul's Journey click here [Beyond Belief Into Knowing](#)

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What Am I Getting Into?

Or The Introduction

"THERE IS MORE TO LIFE THAN THIS . . ."

'How many times have you heard this rumble deep inside your Being?' How many times has this thought kept you going, pushing past pain and barriers, into a new phase of life? How many times -when external forces have said, "That's all there is"- have your insides cried out for something more?

Some of us have a personal history or herstory of feeling "different": of not really belonging in the traditional systems of schooling, religion, relationshiping, and work. While we may have tried to fit in and feel, act, and think "normal," in certain moments and times a deeper part of ourselves would jump out and proclaim "I AM!" This "I AM" would make waves and force issues. It would think, feel, and act in ways that others would raise an eyebrow to, call us names, and exit right out of our lives.

My I AM, SOUL, HIGHER or TRUE SELF never would stay buried or even quiet for very long. Just when I would have this "being like others" stuff down, out of my mouth and behaviors would pop some sort of contradicting thought, feeling, and truth that would expose me for what I really am: 'an evolving Soul who just can't quit'. For many years, I had no conscious idea as to where these different thoughts, feelings, and behaviors came from. I tried my best as a child to hide from what I now know were psychic and spiritual abilities. But at age twenty, my Soul would no longer take NO for an answer. It was then that I claimed my "strangeness," beginning an extensive and continual search to understand the fullness of myself and the whole of life.

Twenty-five years ago simply claiming that eating a semivegetarian, natural foods diet was a healthy choice proved risky. The putdowns and rejections were plentiful. Yet today, it is a well-known fact. Yes, today there is so much more available in literature and workshops throughout the world covering physical and mental health and fitness. The Body-Mind Connection actually makes the news and the mainstream ads these days. However, it is still relatively risky to tell everyone I meet that I talk with spirits, healed my dog's abscess with my hands, and can know who they are and what they have been through by reading their energy body. These skills and much more have become a natural part of my daily, very human life. They represent a few of the natural abilities every single one of us Souls in human form have waiting to be developed, if we choose so.

## Users Review

### From reader reviews:

#### **Mary Gobeil:**

A lot of people always spent their particular free time to vacation or even go to the outside with them household or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, or playing video games all day long. If you need to try to find a new activity that's look different you can read a book. It is really fun in your case. If you enjoy the book which you read you can spent 24 hours a day to reading a book. The book A Soul's Delight: Your Step-By-Step Higher Self Integration Journey it is very good to read. There are a lot of those who recommended this book. We were holding enjoying reading this book. When you did not have enough space to deliver this book you can buy often the e-book. You can m0ore simply to read this book out of your smart phone. The price is not to cover but this book provides high quality.

#### **James Sweeney:**

This A Soul's Delight: Your Step-By-Step Higher Self Integration Journey is great e-book for you because the content and that is full of information for you who also always deal with world and get to make decision every minute. That book reveal it facts accurately using great arrange word or we can declare no rambling sentences included. So if you are read this hurriedly you can have whole information in it. Doesn't mean it only gives you straight forward sentences but hard core information with attractive delivering sentences. Having A Soul's Delight: Your Step-By-Step Higher Self Integration Journey in your hand like finding the world in your arm, facts in it is not ridiculous a single. We can say that no e-book that offer you world throughout ten or fifteen small right but this publication already do that. So , this is certainly good reading book. Hey there Mr. and Mrs. stressful do you still doubt that?

#### **Joshua Yoshida:**

The book untitled A Soul's Delight: Your Step-By-Step Higher Self Integration Journey contain a lot of information on the idea. The writer explains the woman idea with easy approach. The language is very clear and understandable all the people, so do definitely not worry, you can easy to read the idea. The book was published by famous author. The author will bring you in the new time of literary works. You can actually read this book because you can please read on your smart phone, or gadget, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can wide open their official web-site as well as order it. Have a nice study.

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Merely choose the best book that suited with your aim. Don't possibly be doubt to change your life with this book A Soul's Delight: Your Step-By-Step Higher Self Integration Journey. You can more pleasing than now.

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