



Domination & Submission: The BDSM Relationship Handbook

By Michael Makai

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The definitive handbook on Domination and Submission (D/s) relationships and the BDSM lifestyle. A must-read for anyone considering or curious about non-traditional relationships within a fetish culture context. Funny, insightful, educational, and inspiring. Author Michael Makai goes in-depth on Dominants, submissives, switches, primals, and their relationship dynamics. Learn about BDSM activities, bondage, toys, groups, protocols, and safety. This book even dares to go where others fear to tread: The Gorean subculture, online D/s & BDSM, first meetings, religion vs. kink, and what could go wrong. You'll love Michael Makai's irreverent and humorous treatment of this subject as he gives you the benefit of his 35+ years of experience in the D/s and BDSM lifestyles. (Paperback, 496 pages)

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Editorial Review

From the Author

An excerpt from Chapter 9: BDSM Toys & Safety, from Domination & Submission: The BDSM Relationship Handbook

The year was 1980, and I was a young soldier, stationed at Fort Lewis, Washington as a Forward Observer in the 2/75th Infantry (Ranger) Battalion. I met and became involved with a young lady in town who enjoyed going to storage unit auctions each week and, eventually, I was cajoled into attending a few. To be honest, I was usually far more interested in *people-watching* and sampling the snack bar's nachos and beer than I was in the auction itself. Sometimes, however, the auctioneer would auction off the contents of a *sealed cardboard box* just to make things a little more interesting, and it never failed to stoke my insatiable curiosity.

On this particular night, the auctioneer pointed to a large, unopened cardboard box and told us that it had come from the estate of an elderly doctor. He claimed to have no idea what was inside, and started the bidding at \$1. To this day, I have no idea what possessed me to raise my paddle and start bidding on it, but I did. I was the highest bidder at \$7, and I left the auction later that night the proud owner of a *medical mystery box*.

When I inventoried the box, I found it full of odds and ends, worthless office supplies, some deteriorating medical texts, a few simple medical instruments, and a curious wooden box with a small metal latch. I opened it and found it full of strange looking *electrical equipment*, oddly-shaped glass tubes and thick black wires. A small metal data-plate attached to a box-within-the-box identified it as a "*Parco Super High Frequency Generator - Violet Ray*."

As you might imagine, I was very much *intrigued* by this intimidating looking contraption, which seriously resembled a prop from an old *Frankenstein movie*. Since I'd never seen anything quite like it before and, considering the fact that this was pre-internet, pre-Google, and *pre-Violet Wand*, I decided to delay *plugging it in* until I'd visited the local library and had a chance to figure out just *what the hell it was*.

What I learned was *fascinating*, to say the least. Violet rays were produced by a dozen or more companies in the 1920s as quack-medical devices marketed to the public as the cure-all for everything from *Aarskog Syndrome to Zygomycosis*. Its high-frequency electrical stimulation and ultra-violet emissions were claimed to be an effective treatment for psychosis, deafness, corns and callouses, "brain fag" (*seriously, look it up!*) and would even increase a woman's *bust size*... all for just \$7 plus the cost of a draft beer, two chili dogs, and an order of nachos.

I thought to myself, "Mike, you are the *luckiest son-of-a-bitch* on the planet! And hopefully, when you plug that baby in, it won't explode, electrocute you, or burn your eyebrows off!"

Fortunately, it did *none of those* things, *and I didn't grow bigger breasts, either*. For an antique piece of equipment that was *sixty years old*, it was in remarkably good shape and it *worked perfectly!* There were two *glass* electrode attachments in the box - one roughly the size and shape of a *bratwurst*, and the other

shaped like a *hollow glass garden rake*. When the device was plugged in and turned on, the attachment would light up like a *purple neon light*, buzzing and crackling with electricity, following your touch with an aggressive ticklish sensation, and intimidating the hell out of anyone with a *healthy fear of electrocution* - which, frankly, *ought* to be *everyone*.

My Parco Super High Frequency Generator & Violet Ray was *truly* a beautiful thing to behold, particularly as it crackled and glowed menacingly in low-light conditions. And what was the very first thing I thought of when I turned it on?

I can't wait to try this thing out on my girlfriend's nipples.

About the Author

Michael Makai is the author of "**Domination & Submission: The BDSM Relationship Handbook.**"

Michael is an unapologetically atypical White Knight Dominant with over thirty-five years of experience in both D/s relationships and the BDSM lifestyle. He was born in Japan and raised in Hawaii and California, where he worked as a waiter and bartender to pay his own way at the University of California, Riverside. He has lived all over the United States, and spent ten years living in Europe in the Rheinland-Pfalz region of Germany, near the Franco-German border. He currently resides near Wichita Falls, Texas.

Mike spent twenty years on active duty in the United States Army, serving in a wide variety of positions, to include paratrooper, Ranger forward observer, NATO liaison officer, research development test & evaluation NCO, military doctrine instructor, and NCO academy school chief.

In addition to being an author, Mike's civilian vocations have included bartender, freelance writer, magazine publisher, web site designer, internet service provider, small business consultant, banker, stock market day trader, marketing director, graphics designer, and online retailer.

Mike's hobbies and preferred pastimes include koi ponds, music, alpine skiing, beaches, travel, foreign languages, and Scrabble.

His kinks are eclectic.

Users Review

From reader reviews:

Christine Willis:

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Trevor Cianciolo:

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