



## Coaching Students with Executive Skills Deficits (Guilford Practical Intervention in Schools)

*By Peg Dawson, Richard Guare*

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### **Coaching Students with Executive Skills Deficits (Guilford Practical Intervention in Schools)** By Peg Dawson, Richard Guare

This practical manual presents an evidence-based coaching model for helping students whose academic performance is suffering due to deficits in executive skills, including time and task management, planning, organization, impulse control, and emotional regulation. In just a few minutes a day, coaches can provide crucial support and instruction tailored to individual students' needs. From leading experts, the book provides detailed guidelines for incorporating coaching into a response-to-intervention framework, identifying students who can benefit, conducting each session, and monitoring progress. Special topics include how to implement a classwide peer coaching program. More than three dozen reproducible assessment tools, forms, and handouts are featured; the large-size format and lay-flat binding facilitate photocopying. Purchasers also get access to a Web page where they can download and print the reproducible materials.

This book is in The Guilford Practical Intervention in the Schools Series.

See also the authors' *Work-Smart Academic Planner: Write It Down, Get It Done*, designed for middle and high school students to use in conjunction with coaching, plus the authoritative *Executive Skills in Children and Adolescents*, Second Edition. Also from Dawson and Guare: *Smart but Scattered* parenting guides and a self-help guide for adults.

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### **Editorial Review**

#### **Review**

"Dawson and Guare are to be congratulated for writing such a readable yet scientifically rigorous manual that will be invaluable to teachers, counselors, and school psychologists who work with students with executive skills deficits. The book is illustrated with fascinating case examples that will be all too familiar to teachers who have struggled to find ways of helping students to reach their potential. It provides constructive, step-by-step guidance on what it means to have an executive skills deficit and how to implement an effective coaching program. Practitioners and graduate students will find this book an excellent resource for planning intervention programs for students with executive skills deficits."--Peter Farrell, PhD, CPsychol, FBPsS, Professor of Special Needs and Educational Psychology, University of Manchester, United Kingdom

"This is a unique and marvelous book that presents a useful coaching model for students with executive skills deficits, including those who have ADHD. It is the most informative, practical guide available on the topic. As with their other books, the authors have again produced a resource that is straightforward, well organized, easy to understand, and filled with strategies that can be readily implemented. The book will prove exceptionally useful not only for teachers, practitioners, and coaches, but also for graduate courses in education and in school, child clinical, and counseling psychology."--Russell A. Barkley, PhD, ABPP, Department of Psychiatry, Medical University of South Carolina

"If coaching kids with executive skills deficits were a game of football, this book would be the playbook. Dawson and Guare provide both theory and the minute details of how to implement a coaching program. They synthesize cutting-edge research on learning and the brain into an accessible approach. The numerous handouts and clear instructions make the model very easy to start using immediately. As a student of child development and the brain, I strongly recommend this book."--Thomas (Lee) Reynolds, MD, child and adolescent psychiatrist, North Canton, Ohio

"This book expands on an already-proven model and will be indispensable in my practice of clinical psychotherapy, school-based student support, and educational consultation. Executive skills deficits rarely occur in isolation, and unwinding these ever-building complexities to reengage a frustrated learner is difficult. Now there is a systematic and structured model that will help struggling students benefit from targeted support and develop new pathways for success. This resource represents hope for many children and their parents and teachers."--Benjamin C. Hillyard, MEd, LCMHC, private practice, Exeter, New Hampshire

"This is a substantial resource for my school psychology practice, where I oversee graduate student interns who serve as coaches in our large, complex high school. This book gives the coaching role needed definition and direction, providing a well-thought-through, evidence-based series of sessions for students with skills deficits in time management, planning and prioritizing, and organization. This model has great benefit to the training needs of the intern/coaches as well. Dawson and Guare present a tidy marriage of coaching and executive skills that includes a complete system for implementation and dissemination."--Suzanne Donnellan, PsyD, Psychologist, Brookline High School (Massachusetts); lecturer, Northeastern University

#### **About the Author**

Peg Dawson, EdD, is a staff psychologist at the Center for Learning and Attention Disorders in Portsmouth, New Hampshire, where she works with children and adults. Dr. Dawson is a past president of the New Hampshire Association of School Psychologists, the National Association of School Psychologists (NASP), and the International School Psychology Association, and a recipient of the Lifetime Achievement Award from NASP. With Richard Guare, she is coauthor of bestselling books for general readers, including *Smart but Scattered*, *Smart but Scattered Teens*, and *The Smart but Scattered Guide to Success* (with a focus on adults). Drs. Dawson and Guare are also coauthors of *The Work-Smart Academic Planner, Revised Edition*, and books for professionals including *Executive Skills in Children and Adolescents, Second Edition*.

Richard Guare, PhD, is Director of the Center for Learning and Attention Disorders in Portsmouth, New Hampshire. Dr. Guare's research and publications focus on the understanding and treatment of learning and attention difficulties. He is a neuropsychologist and board-certified behavior analyst who frequently consults to schools and agencies. With Peg Dawson, he is coauthor of bestselling books for general readers, including *Smart but Scattered*, *Smart but Scattered Teens*, and *The Smart but Scattered Guide to Success* (with a focus on adults). Drs. Guare and Dawson are also coauthors of *The Work-Smart Academic Planner, Revised Edition*, and books for professionals including *Executive Skills in Children and Adolescents, Second Edition*.

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#### **Donald Link:**

Playing with family within a park, coming to see the water world or hanging out with buddies is thing that usually you could have done when you have spare time, after that why you don't try issue that really opposite from that. One activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love Coaching Students with Executive Skills Deficits (Guilford Practical Intervention in Schools), you could enjoy both. It is fine combination right, you

still need to miss it? What kind of hangout type is it? Oh can happen its mind hangout folks. What? Still don't get it, oh come on its referred to as reading friends.

**Paul Anderson:**

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