



Vedic Yoga: The Path of the Rishi

By David Frawley

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Vedic Yoga: The Path of the Rishi is one of the first and most detailed books published in the West on the ancient Vedic origins of Yoga, including all aspects of its philosophy and practice. It challenges popular ideas of the meaning of Yoga and brings Yoga back to the vision of the ancient Himalayan Rishis.

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Editorial Review

About the Author

David Frawley is a world renowned teacher of Yoga, Ayurveda, Vedic astrology and Veda and the author of numerous definitive texts in these fields. He lives in Santa Fe, NM.

Users Review

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The book Vedic Yoga: The Path of the Rishi has a lot of information on it. So when you make sure to read this book you can get a lot of gain. The book was written by the very famous author. Mcdougal makes some research previous to write this book. This particular book very easy to read you may get the point easily after looking over this book.

Christa Nisbet:

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