



# Vedic Yoga: The Path of the Rishi

By David Frawley

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*Vedic Yoga: The Path of the Rishi* is one of the first and most detailed books published in the West on the ancient Vedic origins of Yoga, including all aspects of its philosophy and practice. It challenges popular ideas of the meaning of Yoga and brings Yoga back to the vision of the ancient Himalayan Rishis.

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## **Editorial Review**

About the Author

**David Frawley** is a world renowned teacher of Yoga, Ayurveda, Vedic astrology and Veda and the author of numerous definitive texts in these fields. He lives in Santa Fe, NM.

## **Users Review**

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**Christa Nisbet:**

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