



The Deluxe Food Lover's Companion

By Ron Herbst, Sharon Herbst

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Department of Agriculture recommendations for a 2,000 calorie per day food plan

More than 7200 entries plus line art are included in this seminal work. Miniature glossaries are interspersed throughout the text. Sidebar features throughout the book offer quick tips on food purchases, as well as Fast Facts and advice on preparation, serving, and dining. Handy appendices cover many topics including suggestions for substituting recipe ingredients, a microwave oven conversion chart, recommended safe cooking temperatures for meats and fish, and much more! The deluxe hardcover binding with dust jacket includes a ribbon place marker and golden-tipped page edges, making this gorgeous book as much a showpiece as it is an indispensable reference.

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Editorial Review

"What's the difference between regular, red, and white ginseng? What's in carrageenan, a substance often seen on ingredients lists? And what are some dos and don'ts when using chopsticks? More than 7,200 entries in this attractive dictionary-style work answer these questions and many more in straightforward language that will help even the most novice cooks. The material has a long genealogy: it's based on the fifth edition of *The Food Lover's Companion*, the first incarnation of which Sharon Herbst began more than 26 years ago. Entries define an item and discuss its history and related foodstuffs. Sprinkled throughout but concentrated at the end of the book are glossaries (new to the deluxe edition) that present facts on types of food and drink such as cocktails, sauces, and spices. VERDICT: Useful for recipe collections, home cooks, and children doing reports on foods and food-related culture."

--*Library Journal*

"It remains a must-have for anyone who wants to know more about cooking terms."

—*The Advocate*, theadvocate.com

About the Author

Ron Herbst holds a degree in Hotel and Restaurant Management and spent the better part of a decade working in various restaurants around the country. He is the co-author of four critically acclaimed books with Sharon Tyler Herbst, including *The New Food Lover's Companion*, which is currently featured on the *Food Network's* website as their go-to food reference guide, and *The Wine Lover's Companion*.

Sharon Tyler Herbst was an award-winning author of many books on cooking and dining, a food and travel journalist, a media personality who had appeared on national TV and radio shows, and a past president of the International Association of Culinary Professionals.

From reader reviews:

Bonnie Lugo: Why don't make it to be your habit? Right now, try to ready your time to do the important action, like looking for your favorite reserve and reading a book. Beside you can solve your trouble; you can add your knowledge by the guide entitled *The Deluxe Food Lover's Companion*. Try to stumble through book *The Deluxe Food Lover's Companion* as your pal. It means that it can to be your friend when you feel alone and beside regarding course make you smarter than in the past. Yeah, it is very fortunated in your case. The book makes you far more confidence because you can know anything by the book. So , let us make new experience as well as knowledge with this book.

Earnest Koontz: People live in this new moment of lifestyle always try and and must have the free time or they will get lot of stress from both way of life and work. So , whenever we ask do people have time, we will say absolutely sure. People is human not really a huge robot. Then we question again, what kind of activity have you got when the spare time coming to anyone of course your answer will probably unlimited right. Then ever try this one, reading guides. It can be your alternative within spending your spare time, typically the book you have read is usually *The Deluxe Food Lover's Companion*.

Richard Ault: Are you kind of active person, only have 10 as well as 15 minute in your time to upgrading your mind skill or thinking skill even analytical thinking? Then you have problem with the book as compared to can satisfy your limited time to read it because this time you only find book that need more time to be read. *The Deluxe Food Lover's Companion* can be your answer as it can be read by you actually who have those short extra time problems.

Sabrina Crockett: As we know that book is significant thing to add our information for everything. By a publication we can know everything we really wish for. A book is a range of written, printed, illustrated or blank sheet. Every year was exactly added. This publication *The Deluxe Food Lover's Companion* was filled about science. Spend your extra time to add your knowledge about your science competence. Some people has different feel when they reading a new book. If you know how big selling point of a book, you can feel enjoy to read a book. In the modern era like currently, many ways to get book that you wanted.

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