



The Cry of the Soul: How Our Emotions Reveal Our Deepest Questions About God

By Dan Allender, Tremper Longman

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An excerpt from the foreword by Joni Eareckson Tada: “With the book you are holding, you have stumbled upon the *best* of guides. I should know. I first read *The Cry of the Soul* decades ago when I was still sorting through a lot of hurt and frustration connected with my quadriplegia (yes, I read it on that music stand holding a mouth stick). *The Cry of the Soul* showed me what to do with my anger and hurt—not stuff it under the carpet of my conscience, or minimize it, but actually *do* something good with it.”

All emotion—whether positive or negative—can give us a glimpse of the true nature of God. We want to control our negative emotions and dark desires. God wants us to recognize them as the cry of our soul to be made right with Him. Beginning with the Psalms, *Cry of the Soul* explores what Scripture says about our darker emotions and points us to ways of honoring God as we faithfully embrace the full range of our emotional life.

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- Rank: #134700 in eBooks
- Published on: 2014-02-01
- Released on: 2014-02-01
- Format: Kindle eBook



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Editorial Review

From Publishers Weekly

Allender (The Wounded Heart), professor and counselor at Colorado Christian University, and Longman (How To Read the Psalms), professor of Old Testament at Westminster Theological Seminary, have successfully combined their areas of expertise to produce an excellent piece of scholarship suitable equally for the layperson and the theologian. Using the Psalms and studying the emotions of anger, fear, envy, despair, contempt and shame, the authors lay out the thesis that "Exploring God's ways in light of the darker emotions reveals that He uses silence, abandonment, and assault to win our hearts for His glory." But this book is not to be mistaken for a fix-it manual for our darker emotions. Quite the contrary. It is instead a focusing tool for the consideration of what emotions reveal about how people deal with their relationship with God and with the pursuit of God as a "Person to be praised" rather than as some subordinate "Servant of our healing."

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Review

Exactly what we need in a world of declining civility where pain, grief, and suffering seem to be increasing almost beyond our capacity to cope. -- *Ann Applegarth, Virtue, February 1995*

From the Back Cover

Open a window into your heart. So often we find ourselves caught between extremes. Either we feel too much or not at all. We tend to ignore our feelings or fight them off as if they were an enemy. But all emotion, whether positive or negative, can give us a glimpse of the true nature of God. We want to control our negative emotions and dark desires. God wants us to recognize them as the cry of our soul to be made right with Him. Beginning with the Psalms, Dr. Dan Allender and Dr. Tremper Longman III explore what Scripture says about our darker emotions. In this groundbreaking work they reveal that often our attempts to control our emotions, far from an attempt to be Christlike, are really a form of rebellion against God or an attempt to flee from him.

Users Review

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Patrick Walker:

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Teresa Dillard:

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Bernard Walker:

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