



Health through New Thought and Fasting (1907)

By Wallace D. Wattles

[Download now](#)

[Read Online](#) 

Health through New Thought and Fasting (1907) By Wallace D. Wattles

Wallace Delois Wattles (1860–1911) was an American author. A New Thought writer, he remains personally somewhat obscure, but his writing has been widely quoted and remains in print in the New Thought and self-help movements. Wattles' best known work is a 1903 book called *The Science of Getting Rich* in which he explained how to become wealthy.

Through his personal study and experimentation Wattles claimed to have discovered the truth of New Thought principles and put them into practice in his own life. He also advocated the then-popular health theories of "The Great Masticator" Horace Fletcher as well as the "No-Breakfast Plan" of Edward Hooker Dewey, which he claimed to have applied to his own life. He wrote books outlining these principles and practices, giving them titles that described their content, such as *Health Through New Thought and Fasting* and *The Science of Being Great*. His daughter Florence recalled that "he lived every page" of his books.

A practical author, Wattles encouraged his readers to test his theories on themselves rather than take his word as an authority, and he claimed to have tested his methods on himself and others before publishing them.

Wattles practiced the technique of creative visualization. In his daughter Florence's words, he "formed a mental picture" or visual image, and then "worked toward the realization of this vision":

He wrote almost constantly. It was then that he formed his mental picture. He saw himself as a successful writer, a personality of power, an advancing man, and he began to work toward the realization of this vision. He lived every page... His life was truly the powerful life.

 [Download Health through New Thought and Fasting \(1907\) ...pdf](#)

 [Read Online Health through New Thought and Fasting \(1907\) ...pdf](#)

Health through New Thought and Fasting (1907)

By Wallace D. Wattles

Health through New Thought and Fasting (1907) By Wallace D. Wattles

Wallace Delois Wattles (1860–1911) was an American author. A New Thought writer, he remains personally somewhat obscure, but his writing has been widely quoted and remains in print in the New Thought and self-help movements. Wattles' best known work is a 1903 book called *The Science of Getting Rich* in which he explained how to become wealthy.

Through his personal study and experimentation Wattles claimed to have discovered the truth of New Thought principles and put them into practice in his own life. He also advocated the then-popular health theories of "The Great Masticator" Horace Fletcher as well as the "No-Breakfast Plan" of Edward Hooker Dewey, which he claimed to have applied to his own life. He wrote books outlining these principles and practices, giving them titles that described their content, such as *Health Through New Thought and Fasting* and *The Science of Being Great*. His daughter Florence recalled that "he lived every page" of his books.

A practical author, Wattles encouraged his readers to test his theories on themselves rather than take his word as an authority, and he claimed to have tested his methods on himself and others before publishing them.

Wattles practiced the technique of creative visualization. In his daughter Florence's words, he "formed a mental picture" or visual image, and then "worked toward the realization of this vision":

He wrote almost constantly. It was then that he formed his mental picture. He saw himself as a successful writer, a personality of power, an advancing man, and he began to work toward the realization of this vision. He lived every page... His life was truly the powerful life.

Health through New Thought and Fasting (1907) By Wallace D. Wattles Bibliography

- Sales Rank: #873735 in eBooks
- Published on: 2015-10-09
- Released on: 2015-10-09
- Format: Kindle eBook



[Download Health through New Thought and Fasting \(1907\) ...pdf](#)



[Read Online Health through New Thought and Fasting \(1907\) ...pdf](#)

Download and Read Free Online Health through New Thought and Fasting (1907) By Wallace D. Wattles

Editorial Review

About the Author

Wallace D. Wattles was born in the United States in 1860, shortly before the Civil War. Later in life, he began his tireless study of the religious beliefs and philosophies of the world. It was through this relentless examination of such philosophers as Descartes, Hegel, and Ralph Waldo Emerson that he developed his own principles, successfully applied them to his life, and shared them with the world in his innovative 1910 book, "The Science of Getting Rich". He died one year later. Wattles's ideas have lived on to inspire future generations to greatness.

Users Review

From reader reviews:

Patricia Smith:

This book untitled Health through New Thought and Fasting (1907) to be one of several books which best seller in this year, here is because when you read this guide you can get a lot of benefit on it. You will easily to buy that book in the book retail outlet or you can order it by using online. The publisher with this book sells the e-book too. It makes you more easily to read this book, as you can read this book in your Mobile phone. So there is no reason to your account to past this e-book from your list.

Jennifer Games:

Typically the book Health through New Thought and Fasting (1907) will bring you to the new experience of reading some sort of book. The author style to describe the idea is very unique. If you try to find new book to learn, this book very suitable to you. The book Health through New Thought and Fasting (1907) is much recommended to you to see. You can also get the e-book from official web site, so you can easier to read the book.

Darlene Johnson:

Do you like reading a reserve? Confuse to looking for your best book? Or your book was rare? Why so many query for the book? But any people feel that they enjoy intended for reading. Some people likes studying, not only science book but novel and Health through New Thought and Fasting (1907) as well as others sources were given knowledge for you. After you know how the fantastic a book, you feel wish to read more and more. Science e-book was created for teacher or perhaps students especially. Those publications are helping them to increase their knowledge. In some other case, beside science book, any other book likes Health through New Thought and Fasting (1907) to make your spare time far more colorful. Many types of book like here.

Frances Temple:

A lot of e-book has printed but it differs. You can get it by web on social media. You can choose the best book for you, science, witty, novel, or whatever by searching from it. It is identified as of book Health through New Thought and Fasting (1907). You'll be able to your knowledge by it. Without causing the printed book, it can add your knowledge and make a person happier to read. It is most significant that, you must aware about reserve. It can bring you from one destination for a other place.

Download and Read Online Health through New Thought and Fasting (1907) By Wallace D. Wattles #B4OVEN1UH38

Read Health through New Thought and Fasting (1907) By Wallace D. Wattles for online ebook

Health through New Thought and Fasting (1907) By Wallace D. Wattles Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Health through New Thought and Fasting (1907) By Wallace D. Wattles books to read online.

Online Health through New Thought and Fasting (1907) By Wallace D. Wattles ebook PDF download

Health through New Thought and Fasting (1907) By Wallace D. Wattles Doc

Health through New Thought and Fasting (1907) By Wallace D. Wattles Mobipocket

Health through New Thought and Fasting (1907) By Wallace D. Wattles EPub

B4OVEN1UH38: Health through New Thought and Fasting (1907) By Wallace D. Wattles