

RON L. DEAL

Participant's
Guide

THE
SMART
STEPFAMILY

An 8 Session Guide
to a Healthy Stepfamily

The Smart Stepfamily Participant's Guide: An 8-Session Guide to a Healthy Stepfamily

By Ron L. Deal

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Editorial Review

From the Back Cover

Get the Most out of *The Smart Stepfamily*

Discover the key steps to building a healthy family with stepfamily expert Ron L. Deal. This interactive workbook is guaranteed to help you benefit from *The Smart Stepfamily* book and DVD. It includes:

- discussion questions for before and after each DVD session
- space to take notes
- bonus question-and-answer section
- group leader instructions
- guidelines for facilitating effective groups

Through eight engaging sessions, you'll learn useable solutions for everyday living and glean valuable insight and practical tips for becoming a smart stepfamily.

Ideal for small groups, premarital counseling, or personal study. Use with *The Smart Stepfamily* book (Revised and Expanded Edition) and Small-Group DVD Resource.

"The most highly practical program I know on this topic."

--Gary Chapman, PhD, author of the *New York Times* bestselling book *The Five Love Languages*

About the Author

Ron L. Deal is founder of Smart Stepfamilies™, Director of FamilyLife Blended™, the author of *The Smart Stepdad* and *Dating and the Single Parent*, and coauthor of *The Smart Stepmom* and *The Remarriage Checkup*. Ron is a licensed marriage and family therapist who frequently appears in the national media, including *FamilyLife Today*, *Focus on the Family*, and *The 700 Club*. Ron and his wife, Nan, and their sons live in **Little Rock, Arkansas**. Learn more at RonDeal.org.

Users Review

From reader reviews:

Roxie Lloyd:

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