



Rock Medicine

By Sela S. Randazzo

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This book is a guide for the practical use and proper application of crystals and gemstones as tools for wellness. Stones and minerals are precision instruments capable of balancing one's mind, body, and spirit to a state of well being. The very names of individual stones often reveal their healing virtues. The only requirement for these minerals to be effective is that they must be used. The methods are simple and few.

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Editorial Review

Review

"As a Native American I truly understand the benefits of natural medicine. This important book can give us what we all most desire - a healthy body. It also proves, once again, that the things we really need in life have been provided for us by the Creator. Every living person should treasure the knowledge shared in Rock Medicine. -- *Hashi-Hanta, author of Pathway to the Spirit World*

About the Author

Sela Weidemann Randazzo has been practicing Rock-Medicine therapy for over fifteen years, and now presents classes and seminars. Sela was given the task of teaching Rock-Medicine because, as a child, she asked to help the planet. Sela Weidemann, her name, translates literally as "rock shepherd."

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INTRODUCTION

The basic premise and intention of this book is to provide both a layman's "use guide" and a comprehensive medical text on the proper use and application of crystals and gemstones as tools for wellness.

These minerals are precision instruments capable of balancing one's mind, body, and spirit to a state of "well being." As the human being is a delicate equation of all three, it is necessary to treat all three areas simultaneously when one is out of balance. As we are three bodies in one, the spiritual, the mental, and the physical, we must understand that imbalance, as well as healing, takes place in the spiritual body first, then the mental, and finally the physical.

All forms of imbalance equate to toxicity, which in turn manifests as illness. We have not, as yet, perfected methods of diagnosing and treating precisely the imbalances that take place in the spirit. We have just begun to uncover the means of addressing the imbalances of the mind. This makes our physical body the main focus when searching for healing....

Users Review

From reader reviews:

Nick Jansen:

This Rock Medicine book is just not ordinary book, you have it then the world is in your hands. The benefit you get by reading this book will be information inside this guide incredible fresh, you will get data which is getting deeper you actually read a lot of information you will get. That Rock Medicine without we understand teach the one who reading it become critical in thinking and analyzing. Don't be worry Rock Medicine can bring whenever you are and not make your bag space or bookshelves' turn into full because you can have it inside your lovely laptop even phone. This Rock Medicine having good arrangement in word as well as layout, so you will not feel uninterested in reading.

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Christopher Levi:

The book untitled Rock Medicine is the guide that recommended to you to see. You can see the quality of the reserve content that will be shown to anyone. The language that creator use to explained their ideas are easily to understand. The author was did a lot of study when write the book, and so the information that they share to you personally is absolutely accurate. You also could possibly get the e-book of Rock Medicine from the publisher to make you far more enjoy free time.

Arthur Fabry:

Playing with family in a park, coming to see the ocean world or hanging out with pals is thing that usually you will have done when you have spare time, in that case why you don't try issue that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love Rock Medicine, you are able to enjoy both. It is very good combination right, you still desire to miss it? What kind of hangout type is it? Oh can happen its mind hangout guys. What? Still don't understand it, oh come on its known as reading friends.

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