



# Manual of the Core Value Workshop

By Steven Stosny

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Designed for family abusers or people on the path of becoming abusers, this innovative treatment uses compassion for self and loved ones as an incompatible response to the motivation to control and abuse. One of the most effective treatments in the world, its theoretical and empirical foundations, and research evaluation are presented in the director's book, *Treating Attachment Abuse: A Compassionate Approach*, published by Springer.

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### Editorial Review

#### Review

The Core Value Workshop, by Steven Stosny, PhD, is widely regarded as the most successful treatment for family abuse. -- *Amanda Robb, O, The Oprah Magazine, November, 2003*

#### About the Author

Steven Stosny, Ph.D., Director of CompassionPower, became interested in the healing power of compassion during his childhood in a violent home. He is the author of books, articles, and tapes, including *The Miracle of Empowered Love*. His groundbreaking work in emotional regulation, described in his *Treating Attachment Abuse*, is practiced worldwide.

### Users Review

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