



The Sacred Balance: Rediscovering Our Place in Nature

By David Suzuki, Amanda McConnell

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"Consume and compete!" The message of the economic treadmill is loud and constant. But in this seminal work, David Suzuki argues that the real bottom line, and society's challenge today, is not debts and deficits, but the need to live full and meaningful lives without destroying the Earth's biosphere, which supports all life.

Suzuki explores the physical, social, and spiritual needs that form the basis of any society that aspires to a sustainable future and a high quality life for its citizens.

Those fundamental requirements are rooted in the Earth and its life support systems. They are worthy of reverence and respect; they are sacred.

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Editorial Review

Review

"Suzuki gives concrete suggestions about how we can create a way of life that is ecologically sustainable, fulfilling, and just." -- *Abstracts of Public Administration, Development and Environment*

About the Author

David Suzuki has written numerous books, including *Genethics*, *Wisdom of the Elders*, *Metamorphosis* and *The Japan We Never Knew*, and is the founder and chair of the David Suzuki Foundation. He lives in Vancouver, British Columbia. A writer for more than 100 documentary films, Amanda McConnell lives in Toronto, Ontario.

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