

Positively Perfect: How to Love and Utilize Your Perfectionist Qualities

By Claudia Svartefoss

Download now

Read Online ➔

Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss

Have you ever thought of yourself as a perfectionist?

Have you found yourself reaching for perfection in everything you do?

Do you usually set high standard goals for yourself, whether make the perfect Thanksgiving dinner, create a perfect PowerPoint presentation, buy the perfect presents for your friends, or find the perfect relationship?

This conversational and easy to understand book will show you how to **achieve your goals of perfection**, fast and effortlessly. You don't have to fight against perfectionism or forget about perfection. This book will teach you **how to build a life you love** by actively benefitting from your natural perfectionist tendencies.

You've probably learned, like we all did, that once you fix the problems in your life, you'll be happy.

You've been spending your time trying to do just that, in hopes of getting to the good part. But the good part never comes or lasts a few short moments.

You've been disappointed because perfection is so tough to reach and now you're trying to let it go, to somehow forget about it, only you can't.

Perhaps you're having trouble deciding what to do or **perhaps you're finding yourself procrastinating** the things you once loved. You see others enjoy themselves without this need for "perfect" so **you've been blaming it all on perfectionism.**

Positively Perfect busts all the myths and challenges about perfectionism.

This book tells you **everything you need to know about how to shift your focus** from problem-oriented to solution-oriented, and shows you how to **embrace your perfectionism so you can create and enjoy the life you want.**

What would your life look like if you got to reach your goals of perfection?

And what if I told you it's a lot easier to reach for perfection and attain it, provided you keep your focus on what's good in your life? This may sound counterproductive, especially if you've been trying out the "Perfectionism is bad, I have to manage it" for a while.

That's why Positively Perfect provides you the basis to shift your perspective:

- Everything you need to know to improve your mindset
- What perfectionism is and how it benefits your life
- What limiting beliefs are and how they are holding you back
- How to use perfectionist qualities to achieve your goals and build the life you want.

Follow the advice in this book and by the end, **you'll be excited about your perfectionist tendencies** and eager to enjoy your life.

Best of all, you'll be able to do that right away!

This book shows you how to benefit from your natural perfectionist inclinations instead of struggling with it forever.

Before you buy the book, I have one question for you:

What's stopping you from reaching your goals, achieving perfection, and living the life you've been dreaming of?

Scroll to the top and click the “Buy Now” button!

PS! Includes free Workbook

 [Download Positively Perfect: How to Love and Utilize Your P ...pdf](#)

 [Read Online Positively Perfect: How to Love and Utilize Your ...pdf](#)

Positively Perfect: How to Love and Utilize Your Perfectionist Qualities

By Claudia Svartefoss

Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss

Have you ever thought of yourself as a perfectionist?

Have you found yourself reaching for perfection in everything you do?

Do you usually set high standard goals for yourself, whether make the perfect Thanksgiving dinner, create a perfect PowerPoint presentation, buy the perfect presents for your friends, or find the perfect relationship?

This conversational and easy to understand book will show you how to **achieve your goals of perfection**, fast and effortlessly. You don't have to fight against perfectionism or forget about perfection. This book will teach you **how to build a life you love** by actively benefitting from your natural perfectionist tendencies.

You've probably learned, like we all did, that once you fix the problems in your life, you'll be happy.

You've been spending your time trying to do just that, in hopes of getting to the good part. But the good part never comes or lasts a few short moments.

You've been disappointed because perfection is so tough to reach and now you're trying to let it go, to somehow forget about it, only you can't.

Perhaps you're having trouble deciding what to do or **perhaps you're finding yourself procrastinating** the things you once loved. You see others enjoy themselves without this need for "perfect" so **you've been blaming it all on perfectionism.**

Positively Perfect busts all the myths and challenges about perfectionism.

This book tells you **everything you need to know about how to shift your focus** from problem-oriented to solution-oriented, and shows you how to **embrace your perfectionism so you can create and enjoy the life you want.**

What would your life look like if you got to reach your goals of perfection?

And what if I told you it's a lot easier to reach for perfection and attain it, provided you keep your focus on what's good in your life? This may sound counterproductive, especially if you've been trying out the "Perfectionism is bad, I have to manage it" for a while.

That's why Positively Perfect provides you the basis to shift your perspective:

- Everything you need to know to improve your mindset
- What perfectionism is and how it benefits your life
- What limiting beliefs are and how they are holding you back
- How to use perfectionist qualities to achieve your goals and build the life you want.

Follow the advice in this book and by the end, **you'll be excited about your perfectionist tendencies** and eager to enjoy your life.

Best of all, you'll be able to do that right away!

This book shows you how to benefit from your natural perfectionist inclinations instead of struggling with it forever.

Before you buy the book, I have one question for you:

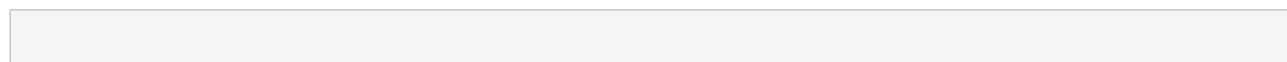
What's stopping you from reaching your goals, achieving perfection, and living the life you've been dreaming of?

Scroll to the top and click the "Buy Now" button!

PS! Includes free Workbook

**Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss
Bibliography**

- Sales Rank: #643951 in eBooks
- Published on: 2015-09-22
- Released on: 2015-09-22
- Format: Kindle eBook



 [**Download** Positively Perfect: How to Love and Utilize Your P ...pdf](#)

 [**Read Online** Positively Perfect: How to Love and Utilize Your ...pdf](#)

Download and Read Free Online Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss

Editorial Review

Review

"Claudia Svartefoss explains the challenges of defining perfection as a 'flawless state of being' and has developed a new and more empowered perspective. Most perfectionists struggle and feel this personality trait has negatively impacted their life. Ms. Svartefoss teaches you how to stop feeling bad and utilize your perfectionistic tendencies to create a perfect life by achieving your highest goals. It's the antidote for mediocrity and for the negativity around perfectionism."

- **Shawn Achor, happiness researcher and NY Times bestselling author of The Happiness Advantage**

"This book does for Perfectionists what Susan Cain's Quiet did for Introverts. Highly recommended."

- **Kevin Kruse, NY Times Bestselling Author & Leadership Expert**

"I feel that I've come away from reading this book with a self-esteem boost."

- **Holly Hall**

"Through her stories and examples and camaraderie/understanding that leaped from the page, Claudia Svartefoss carefully took the time to unfold for me how I got to the point I did with my perfectionism and most importantly, that I wasn't stuck."

- **Hillary Tubin**

"It fills you with energy enthusiastic and lures you away from the risky depression-like symptoms we perfectionists feel when things don't happen just the way we want them!!"

- **Francisco Serrano, President & CEO @ 121**

"Claudia creatively puts a completely new spin on a topic that most of us thought we had formed a clear opinion on."

- **Barry Watson, Author, Rock Solid Relationship**

"If you've ever had perfectionist thrown at you as an insult, please read this book."

- **Shaun Griffiths, Practice Manager**

Users Review

From reader reviews:

Jason Nunez:

Book is to be different per grade. Book for children until finally adult are different content. As you may know that book is very important usually. The book Positively Perfect: How to Love and Utilize Your Perfectionist Qualities was making you to know about other know-how and of course you can take more information. It is quite advantages for you. The reserve Positively Perfect: How to Love and Utilize Your Perfectionist Qualities is not only giving you considerably more new information but also for being your friend when you feel bored. You can spend your current spend time to read your e-book. Try to make relationship using the book Positively Perfect: How to Love and Utilize Your Perfectionist Qualities. You

never sense lose out for everything should you read some books.

Mary Hopkins:

Do you have something that you prefer such as book? The reserve lovers usually prefer to select book like comic, small story and the biggest you are novel. Now, why not striving Positively Perfect: How to Love and Utilize Your Perfectionist Qualities that give your enjoyment preference will be satisfied by simply reading this book. Reading addiction all over the world can be said as the opportunity for people to know world a great deal better than how they react when it comes to the world. It can't be explained constantly that reading routine only for the geeky man or woman but for all of you who wants to become success person. So , for all you who want to start studying as your good habit, it is possible to pick Positively Perfect: How to Love and Utilize Your Perfectionist Qualities become your own starter.

Larry Artz:

Don't be worry for anyone who is afraid that this book will probably filled the space in your house, you may have it in e-book approach, more simple and reachable. That Positively Perfect: How to Love and Utilize Your Perfectionist Qualities can give you a lot of friends because by you investigating this one book you have factor that they don't and make anyone more like an interesting person. That book can be one of one step for you to get success. This reserve offer you information that maybe your friend doesn't realize, by knowing more than some other make you to be great individuals. So , why hesitate? Let us have Positively Perfect: How to Love and Utilize Your Perfectionist Qualities.

Agustin Byler:

Do you like reading a guide? Confuse to looking for your selected book? Or your book seemed to be rare? Why so many concern for the book? But any people feel that they enjoy regarding reading. Some people likes looking at, not only science book but novel and Positively Perfect: How to Love and Utilize Your Perfectionist Qualities or others sources were given expertise for you. After you know how the good a book, you feel would like to read more and more. Science publication was created for teacher or perhaps students especially. Those publications are helping them to increase their knowledge. In various other case, beside science e-book, any other book likes Positively Perfect: How to Love and Utilize Your Perfectionist Qualities to make your spare time considerably more colorful. Many types of book like this.

Download and Read Online Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss
#ITRVLMX0YDK

Read Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss for online ebook

Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss books to read online.

Online Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss ebook PDF download

Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss Doc

Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss Mobipocket

Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss EPub

ITRVLMX0YDK: Positively Perfect: How to Love and Utilize Your Perfectionist Qualities By Claudia Svartefoss