



# Positively Perfect: How to Love and Utilize Your Perfectionist Qualities

By Claudia Svartefoss

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**Positively Perfect: How to Love and Utilize Your Perfectionist Qualities** By Claudia Svartefoss

**Have you ever thought of yourself as a perfectionist?**

**Have you found yourself reaching for perfection in everything you do?**

Do you usually set high standard goals for yourself, whether make the perfect Thanksgiving dinner, create a perfect PowerPoint presentation, buy the perfect presents for your friends, or find the perfect relationship?

This conversational and easy to understand book will show you how to **achieve your goals of perfection**, fast and effortlessly. You don't have to fight against perfectionism or forget about perfection. This book will teach you **how to build a life you love** by actively benefitting from your natural perfectionist tendencies.

You've probably learned, like we all did, that once you fix the problems in your life, you'll be happy.

You've been spending your time trying to do just that, in hopes of getting to the good part. But the good part never comes or lasts a few short moments.

You've been disappointed because perfection is so tough to reach and now you're trying to let it go, to somehow forget about it, only you can't.

Perhaps you're having trouble deciding what to do or **perhaps you're finding yourself procrastinating** the things you once loved. You see others enjoy themselves without this need for "perfect" so **you've been blaming it all on perfectionism**.

## **Positively Perfect busts all the myths and challenges about perfectionism.**

This book tells you **everything you need to know about how to shift your focus** from problem-oriented to solution-oriented, and shows you how to **embrace your perfectionism so you can create and enjoy the life you want.**

### **What would your life look like if you got to reach your goals of perfection?**

And what if I told you it's a lot easier to reach for perfection and attain it, provided you keep your focus on what's good in your life? This may sound counterproductive, especially if you've been trying out the "Perfectionism is bad, I have to manage it" for a while.

**That's why Positively Perfect provides you the basis to shift your perspective:**

- Everything you need to know to improve your mindset
- What perfectionism is and how it benefits your life
- What limiting beliefs are and how they are holding you back
- How to use perfectionist qualities to achieve your goals and build the life you want.

Follow the advice in this book and by the end, **you'll be excited about your perfectionist tendencies** and eager to enjoy your life.

Best of all, you'll be able to do that right away!

**This book shows you how to benefit from your natural perfectionist inclinations instead of struggling with it forever.**

Before you buy the book, I have one question for you:

### **What's stopping you from reaching your goals, achieving perfection, and living the life you've been dreaming of?**

**Scroll to the top and click the “Buy Now” button!**

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### Editorial Review

#### Review

*"Claudia Svartefoss explains the challenges of defining perfection as a "flawless state of being" and has developed a new and more empowered perspective. Most perfectionists struggle and feel this personality trait has negatively impacted their life. Ms. Svartefoss teaches you how to stop feeling bad and utilize your perfectionistic tendencies to create a perfect life by achieving your highest goals. It's the antidote for mediocrity and for the negativity around perfectionism."*

**- Shawn Achor, happiness researcher and NY Times bestselling author of The Happiness Advantage**

*"This book does for Perfectionists what Susan Cain's Quiet did for Introverts. Highly recommended."*

**- Kevin Kruse, NY Times Bestselling Author & Leadership Expert**

*"I feel that I've come away from reading this book with a self-esteem boost."*

**- Holly Hall**

*"Through her stories and examples and camaraderie/understanding that leaped from the page, Claudia Svartefoss carefully took the time to unfold for me how I got to the point I did with my perfectionism and most importantly, that I wasn't stuck."*

**- Hillary Tubin**

*"It fills you with energy enthusiastic and lures you away from the risky depression-like symptoms we perfectionists feel when things don't happen just the way we want them!!"*

**- Francisco Serrano, President & CEO @ 121**

*"Claudia creatively puts a completely new spin on a topic that most of us thought we had formed a clear opinion on."*

**- Barry Watson, Author, Rock Solid Relationship**

*"If you've ever had perfectionist thrown at you as an insult, please read this book."*

**- Shaun Griffiths, Practice Manager**

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##### **Jason Nunez:**

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### **Mary Hopkins:**

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### **Larry Artz:**

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### **Agustin Byler:**

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