



Sweat: The Illustrated History and Description of the Finnish Sauna, Russian Bania, Islamic Hammam, Japanese Mushi-Buro, Mexican Temescal, and Americ

By Mikkel Aaland

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- Sales Rank: #458529 in Books
- Brand: Brand: Capra Pr
- Published on: 1978-09
- Original language: English
- Binding: Paperback
- 252 pages

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