



# Psychopharmacology: Straight Talk on Mental Health Medications, Third Edition

By Joseph Wegmann

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**Psychopharmacology: Straight Talk on Mental Health Medications, Third Edition** By Joseph Wegmann

**Congratulations to Joe Wegmann, and his book, *Psychopharmacology, 3rd Edition*, for winning a silver medal at the 2016 IBPA Benjamin Franklin Awards for editorial and design excellence in the Professional & Technical category.**

This is the definitive guide and desk reference for healthcare professionals and patients to expand their knowledge in the pharmacological and behavioral treatment of psychosis, anxiety, depression, bipolar, insomnia and ADHD.

New to the third edition:

- DSM-5 and psychotropic medication prescribing
- New risk factors with antidepressants
- Anxiety treatment -- what should not be medicated
- Herbal and other alternative treatments
- Latest in geriatric psychopharmacology
- Psychotropic medication discontinuation-safe strategies that work
- Additive and combination medication protocols
- Newly released psychiatric medications
- Dosage Range Charts

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**Psychopharmacology: Straight Talk on Mental Health Medications, Third Edition** By Joseph Wegmann **Bibliography**

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### Editorial Review

#### Review

Joe has done it again! *Psychopharmacology: Straight Talk on Mental Health Medications* has been my go-to desktop references for several years. With clarity and completeness of information, this resource has provided the opportunity to better coordinate with the professionals who manage my patients medications. These resources have helped my patients maintain medication compliance while encouraging personal responsibility for health. The new third edition goes deeper, with an easy-to-use treatment manual, presenting medication as one piece of the mental health puzzle. --**Ronda J. Salge, MA, MSW, LCSW**

*Psychopharmacology: Straight Talk on Mental Health Medications* always sits on my desk and I refer to it constantly. It is a tremendous opportunity to learn from Wegmann and deliver his expertise to clients who want to make an informed decision about their medications. Joe is utterly impressive in his 'straight talk' of clinical issues -- his book and seminars (and newsletter) are not to be missed!

**Christina Sluberski, LPC LCADC CHt**

This book should be in the toolbox of every mental health professional! I use *Psychopharmacology: Straight Talk on Mental Health Medications* to educate my clients and this third edition expertly conveys the usefulness of medications in a realistic sense. Joe demystifies psychotropic medications in a language that is teachable and straightforward for both clients and mental health professionals alike.

**Lauren C. Ostrowski, MA, LPC, NCC, DCC**

Joe's third edition of *Psychopharmacology: Straight Talk on Mental Health Medications* cuts through the fog and hits the mark again! It is easily understood, clinically accurate and is a must have desk reference for clinicians. --**Wallace G. Long III, MSW, LCSW, BCD**

As a mental health clinician and prescriber, I have had the distinct privilege of learning from one of the foremost authorities in the field of psychopharmacology, Joe Wegmann. His clear, practical, and clinically-driven knowledge base has been invaluable in achieving the highest treatment outcomes for my clients. The third edition of *Psychopharmacology: Straight Talk on Mental Health Medications* delivers a comprehensive review on diagnosis, assessment and treatment strategies for the most common mental health syndromes. His unique focus on proper assessment to determine when is best to utilize psychopharmacology versus other forms of treatment has successfully individualized the care I provide. Every practicing mental health clinician should have this outstanding resource in their library. --**Mindy Cohen, MSN, APRN, C., CGP, CARN**

#### About the Author

**Joe Wegmann, R.Ph., LCSW** is a renowned expert in the field of medication management, with more than 30 years hands-on experience in psychopharmacology and counseling. He is an in-demand national psychopharmacology speaker; has served as a clinical director of pharmacy services at a major metropolitan area hospital; a regional director of hospital services for Premier Healthcare Corporation; and an adjunct professor of psychopharmacology in the graduate school of social work at Southern University of New Orleans. Dr. Wegmann maintains an active psychotherapy practice specializing in the treatment of depression and anxiety.

## **Users Review**

### **From reader reviews:**

#### **Jean Fuller:**

Do you have favorite book? In case you have, what is your favorite's book? Publication is very important thing for us to understand everything in the world. Each reserve has different aim or maybe goal; it means that guide has different type. Some people really feel enjoy to spend their time to read a book. They are really reading whatever they have because their hobby is reading a book. How about the person who don't like examining a book? Sometime, man or woman feel need book when they found difficult problem or maybe exercise. Well, probably you will require this Psychopharmacology: Straight Talk on Mental Health Medications, Third Edition.

#### **Belinda Timmer:**

The reason why? Because this Psychopharmacology: Straight Talk on Mental Health Medications, Third Edition is an unordinary book that the inside of the guide waiting for you to snap this but latter it will zap you with the secret the item inside. Reading this book beside it was fantastic author who have write the book in such remarkable way makes the content within easier to understand, entertaining way but still convey the meaning fully. So , it is good for you because of not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of advantages than the other book get such as help improving your talent and your critical thinking method. So , still want to hold off having that book? If I ended up you I will go to the reserve store hurriedly.

#### **Theresa Adams:**

This Psychopharmacology: Straight Talk on Mental Health Medications, Third Edition is new way for you who has interest to look for some information as it relief your hunger info. Getting deeper you onto it getting knowledge more you know or perhaps you who still having tiny amount of digest in reading this Psychopharmacology: Straight Talk on Mental Health Medications, Third Edition can be the light food in your case because the information inside this book is easy to get simply by anyone. These books produce itself in the form which can be reachable by anyone, yep I mean in the e-book contact form. People who think that in reserve form make them feel tired even dizzy this book is the answer. So there is no in reading a reserve especially this one. You can find what you are looking for. It should be here for an individual. So , don't miss that! Just read this e-book kind for your better life and knowledge.

#### **Terrie Delgadillo:**

On this era which is the greater particular person or who has ability in doing something more are more valuable than other. Do you want to become one among it? It is just simple strategy to have that. What you need to do is just spending your time not much but quite enough to experience a look at some books. One of many books in the top record in your reading list is Psychopharmacology: Straight Talk on Mental Health Medications, Third Edition. This book and that is qualified as The Hungry Hillside can get you closer in growing to be precious person. By looking upward and review this e-book you can get many advantages.

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