



## **Groups in Action: Evolution and Challenges (with Workbook, CourseMate with DVD, 1 term (6 months) Printed Access Card) (HSE 112 Group Process I)**

*By Gerald Corey, Marianne Schneider Corey, Robert Haynes*

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In these exciting videos, available on DVD, students will see Marianne and Gerald Corey in action as they demonstrate their integrative approach to group work. Viewers will see a real group move through its various stages and will observe group members discuss real issues and present reactions in the group context. These compelling videos were filmed at a three-day intensive group and show the unfolding of a live group as they build "a circle of trust." The videos highlight the development of the group process by showing segments of the group work that occurred over the three-day session. Throughout the video, the Coreys demonstrate a wide variety of techniques and skills, including how to deal with members' hesitation and resistance, their feelings of not being "good" enough, their fears of being judged, their difficulties with intimate relationships, and their unresolved issues with parents. A new addition to these videos is a series of lecturettes featuring Dr. Gerald Corey. The accompanying workbook provides students with exercises and explorations directly linked to the videos and the book **GROUPS: PROCESS AND PRACTICE**. The workbook components are also available online as part of the Counseling CourseMate website available at <http://login.cengage.com>.

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- Sales Rank: #81740 in Books
- Published on: 2013-01-01
- Original language: English
- Number of items: 1
- Dimensions: .40" h x 8.30" w x 10.70" l, .65 pounds
- Binding: Paperback
- 128 pages

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## **Editorial Review**

### **Review**

PROGRAM 1: EVOLUTION OF A GROUP. Segment 1: Forming a Group. Segment 2: The Initial Stage. 1. Early Developments and Interactions. 2. Some Teaching about Groups. 3. The Dyad Exercise. 4. Shared Responsibility. 5. Role Plays. 6. Making Contracts. 7. Direct Talk. 8. Look and See. 9. Dealing with Conflict. 10. What Will Get in Your Way in this Group? Commentary: The Initial Stage. Segment 3: The Transition Stage. 11. Building Safety. 12. Linking the Work of Members. 13. "How Was the Day?" Commentary: The Transition Stage. Day 2. 14. Checking-In with Members. 15. Furthering of Trust Building. 16. Creating Safety. Commentary: More on the Transition Stage. Segment 4: The Working Stage. 17. Who Wants to Work? 18. Commentary on Casey's Work. 19. Symbolic Exploration through Role-Playing. 20. Jyl's Loss of Her Father. 21. Never Good Enough. 22. Wanting Approval. 23. Working with Metaphors. 24. Working with Relationships. 25. Andrew's Struggle of Keeping Pain Inside. Commentary: The Working Stage. Segment 5: The Ending Stage. 26. Reflecting on Afterthoughts. 27. Preparing Members for Termination. 28. Dealing with Unexpected Conflict. 29. Keeping Members Focused. Commentary: The Ending Stage. Credits. PROGRAM 2: CHALLENGES FACING GROUP LEADERS. Segment 1: Challenges Dealing with Difficult Behaviors in Group. 1. Checking-In: What Was it Like to Return to Group. 2. The Leaders Let Me Down. 3. I'm Not Feeling Safe in Here. 4. I Didn't Want to Come Back to Group. 5. I'm in This Group Against My Will. 6. Emotions Make Me Uncomfortable. 7. I'm Self-Conscious About My Accent. 8. I Want the Leaders to Disclose More. 9. I Learn A Lot by Being Quiet. Commentary. The Group Resumes. 10. Silence Serves a Function. 11. I Feel Pressured to Disclose. 12. What's Wrong with Helping Others? 13. Can't We Stop All This Conflict? 14. I Feel Weak When I Show Feelings. 15. Checking-Out: What Is Each of You Taking From This Session? Commentary. Segment 2: Challenges of Addressing Diversity Issues. Introduction to Segment #2. 16. What Does My Culture Have to Do with My Identity? 17. I Feel Different From Others Here. 18. Sometimes I Want to Exclude Others. 19. I Struggle with Language. 20. I Resent Being Stereotyped. 21. We Are Alike and We Are Different. 22. I Express Myself Better in My Native Language. 23. I Am Colorblind. 24. I Know Little About My Culture. 25. I Want More Answers From You Leaders. Commentary on Diversity. Final Closing Commentary. Credits. PROGRAM 3: LECTURETTES ON THEORIES AND TECHNIQUES OF GROUP COUNSELING. 1. Introduction. 2. Psychodynamic Approaches. 3. Experiential and Relationship Oriented Approaches. 4. Cognitive-Behavioral Approaches. 5. Postmodern Approaches. 6. An Integrative Approach.

### **About the Author**

Gerald Corey is Professor Emeritus of Human Services and Counseling at California State University at Fullerton. He received his doctorate in counseling from the University of Southern California. He is a Diplomate in Counseling Psychology, American Board of Professional Psychology; a licensed psychologist; and a National Certified Counselor. He is a Fellow of the American Psychological Association (Division 17, Counseling Psychology; and Division 49, Group Psychotherapy); a Fellow of the American Counseling Association; and a Fellow of the Association for Specialists in Group Work. Both Jerry and Marianne Corey received the Lifetime Achievement Award from the American Mental Health Counselors Association in 2011, and both also received the Eminent Career Award from ASGW in 2001. Dr. Jerry Corey was given the Outstanding Professor of the Year Award from California State University at Fullerton in 1991. He regularly teaches both undergraduate and graduate courses in group counseling and ethics in counseling. He is the author or coauthor of 15 textbooks in counseling currently in print, along with more than 60 journal articles and book chapters.

Marianne Schneider Corey is a licensed marriage and family therapist in California and a National Certified Counselor. She received her master's degree in marriage, family, and child counseling from Chapman College. She is a Fellow of the Association for Specialists in Group Work and was the recipient of this organization's Eminent Career Award in 2001. She received the Lifetime Achievement Award from the American Mental Health Counselors Association in 2011, and is a member of that organization. She also holds memberships in the American Counseling Association, the American Group Psychotherapy Association, the Association for Specialists in Group Work, the Association for Multicultural Counseling and Development, the Association for Counselor Education and Supervision, and the Western Association of Counselor Education and Supervision. In the past 40 years, Marianne Schneider Corey and Jerry Corey have presented workshops in group counseling for mental health professionals at many universities in the United States as well as in Canada, Mexico, China, Hong Kong, Korea, Germany, Belgium, Scotland, England, and Ireland. In addition to **GROUPS: PROCESS AND PRACTICE**, Marianne has coauthored the following books, all with Cengage Learning: **I NEVER KNEW I HAD A CHOICE**, 11th Edition (2018, with Gerald Corey and Michelle Muratori); **BECOMING A HELPER**, 7th Edition (2016, with Gerald Corey); **ISSUES AND ETHICS IN THE HELPING PROFESSIONS**, 9th Edition (2015, with Gerald Corey, Cindy Corey, and Patrick Callanan); and **GROUP TECHNIQUES**, 4th Edition (2015, with Gerald Corey, Patrick Callanan, and Michael Russell).

Robert Haynes is a licensed clinical psychologist and producer of psychology video programs for Borderline Productions. Haynes received his doctorate in clinical psychology from the Fuller Graduate School of Psychology and is a member of the APA, ACA, and ACES. He has been actively involved in professional psychology through clinical practice, as well as teaching, consulting, leading workshops, and writing on a variety of topics. Haynes recently retired after 25 years as training director of the accredited clinical psychology internship program at Atascadero State Hospital in California. He has co-authored multimedia projects with the Coreys including the **EVOLUTION OF A GROUP: STUDENT VIDEO AND WORKBOOK** and **STUDENT VIDEO AND WORKBOOK FOR THE ART OF INTEGRATIVE COUNSELING**, and the **ETHICS IN ACTION CD-ROM**.

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