



Aikido in Everyday Life: Giving in to Get Your Way

By Terry Dobson, Victor Miller

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Conflict is an unavoidable aspect of living. The late renowned aikido master Terry Dobson, together with Victor Miller, present aikido as a basis for conflict resolution. "Attack-tics" is a system of conflict resolution based on the principles of aikido, the non-violent martial art Morihei Ueshiba created after World War II. Not all conflicts are contests, say Dobson and Miller, and not all conflicts are equally threatening.

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Editorial Review

Review

"...a convincing and useful set of metaphors for understanding the geometry of conflict...studded with radical, sensible ideas."

- Marilyn Ferguson

"The Aikido student and master Terry Dobson...has taught so many of us the goodness possible inside the warrior."

- Robert Bly

About the Author

Terry Dobson studied in Japan for ten years with the founder of aikido, Morihei Ueshiba. Before his death in late 1992, he had taught aikido for twenty-five years and brought its principles to conflict management and personal growth seminars in education, mediation and business.

Victor Miller is a television and film writer living in Milford, Connecticut. He wrote the original script for *Friday the 13th* and writes for television daytime drama series.

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