



Slow Cooker Recipes: 30 Of The Most Healthy And Delicious Slow Cooker Recipes: Includes New Recipes With Fantastic Ingredients

By Stacey Turner

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***** ***GET THE BEST SLOW COOKER RECIPES*** *****

As slow cookers become a more popular option for many people the demand has also risen not only for information on these slow cookers and how versatile they can be but also for great recipes that can be prepared using this device. If you are one individual that is seeking that kind of information then "*Slow Cooker Recipes: 30 of the Most Healthy and Delicious Slow Cooker Recipes*" is the perfect book for you.

The book goes into great detail to explain exactly what the slow cooker is and also outlines all the right ways to use it and even what to look for when making a purchase. The rest of the book is filled with great recipe options that can be used to prepare a variety of meals that will keep any households hunger satiated for quite a while.

It is a great book to have in the home especially if no one in the home really ash the time to stop and prepare a meal. With the slow cooker you can simply set it and forget it until dinnertime.

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Editorial Review

From the Author

Stacey Turner is extremely interested in various types of diets and the impact that they really have on any individual that tries them. She is also interested in the impact that these diets have on improving the health of individuals. As a result of this interest she has written a lot of books on various diets from the macrobiotic to the pregnancy diet and so on.

She always had a problem maintaining her weight and was also prone to certain illnesses as a child and a part of her research was geared at finding a solution for her own problem. as she did research she found more and more options and decided to share what she was learning through her books as she was well aware that there were others like her out there trying to find the right solution for their problems.

Stacey is not trying to convince anyone that one diet is better than the next, she opts instead to present all the facts and leave the reader to make the final decision at the end of it all whether or not they will opt to fully try a diet or simply modify what they currently eat to include some of the options.

Users Review

From reader reviews:

Mary Oliveras:

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Annette Spafford:

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Julie Chambers:

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Pedro Lewis:

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