



# Handbook to Practical Disaster Preparedness for the Family, 2nd Edition

By Arthur T. Bradley

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This handbook will help you to establish a practical disaster preparedness plan for your entire family. The 2ND EDITION has been expanded to include discussions of long-term food storage options, firearm selection and handling, disaster preparedness networks, radiological emergencies, our country's impending financial collapse, and much more. Steps are also provided to help you prepare for the five deadliest types of natural disasters: earthquakes, tornadoes, hurricanes, floods, and tsunamis. This new larger 8" x 10" format includes easy-to-copy worksheets to help organize your family's preparedness plans.

Additional information is presented for the elderly, those with children, people with disabilities, pregnant women, and pet owners. Every topic is well researched with over 280 references cited.



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## **Handbook to Practical Disaster Preparedness for the Family, 2nd Edition** By Arthur T. Bradley **Bibliography**

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## **Editorial Review**

### **Review**

A great introduction to disaster preparedness in a single volume, both scholarly and easy to read! Provides practical information for families seeking to organize their preparedness efforts. --James Talmage Stevens, *Making the Best of Basics*

An easy to read handbook packed full of very helpful information to cover any emergency one might encounter.--Marg Pollon, Founding Director of Bridges of Love Ministry Society

This book is an incredible compendium of knowledge in the area of disaster preparedness. In spite of the many pages, it is never daunting or overpowering but rather written with a comfortable conversational tone. --Kerry Lewis, Master Anjing Banfa

Families want and need actionable practical plans when disaster strikes and the *Handbook to Practical Disaster Preparedness for the Family* has it all in one volume! --Shane Connor

Whether you're a novice just starting out, a seasoned "prepper" or a die-hard survivalist, this is one book that you should add to your must read list. --Keith Erwood, [disasterpreparednessblog.com](http://disasterpreparednessblog.com)

This handbook exceeded my expectations! It is a comprehensive presentation of ideas not only for disaster preparedness but also helpful for everyday living. --Dr. Lee Green, Dangerous Man Christian Conferences

This book offers a comprehensive run-down of household preparedness activities that is easy to follow and implement. --Jeff Bowers, Confluence Disaster Preparedness Consulting

Dr. Bradley's sincerity, hands on research, and organization makes this book a treasure. It should be read by someone in every family, and a copy kept in every home. --Linda Hoover, 912 Group Lead, Centennial, CO

What I appreciated most from this book is Bradley's focus on being prepared so that we can help those around us, and the unintimidating, conversational style in which he presents the information. --Cindy Baum, Books and Chocolate

I've found the book to be informative and well written with a good dose of common sense. --Scott Hansen, Battalion Chief-Emergency Preparedness

### **From the Author**

Right out of the gate let me tell you what the book is NOT. It is not a book about fighting off hordes of flesh-eating zombies, should they ever rise from the grave. Nor will it describe how to survive a shipwreck by feasting on coconuts and roasted iguana. Finally, it is not intended to help you survive our planet being sucked into the cosmic fireball affectionately known as our Sun. If you wish to prepare for those types of events, I respectfully suggest that you continue your search for a more suitable text.

This book is designed to help your family prepare for more commonplace, yet still potentially deadly - disasters. The list is long and varied, and includes hurricanes, tornados, terrorist attacks, earthquakes, pandemics, financial collapse, widespread blackouts, and much more. My hope is that this handbook will

accomplish three things: (1) motivate you to become better prepared, (2) illustrate how to prepare effectively, and (3) help you to realize your place in a larger movement.

The handbook is clear and easy to read with more than a hundred photos, illustrations, and worksheets. What makes this book different is that it focuses on *practical* steps that you and your family can take to become better prepared. At the beginning of each chapter, is an example scenario designed to help you consider your current level of readiness. At the end, are brief lists of recommended supplies.

This handbook will help you to lay out a plan that includes assessing your family's needs, stocking supplies, shoring up your shelter, leveraging existing resources, mitigating potential hazards, and preparing for likely threats. At the end of your efforts, you will be rewarded with knowing that your family is far better prepared to handle real world challenges.

--From the Author

#### About the Author

Dr. Arthur Bradley holds a doctorate in engineering from Auburn University and currently works for NASA. Having lived all across the United States, he writes from personal experience about preparing for a wide variety of disasters, including earthquakes, tornadoes, hurricanes, floods, house fires, massive snowstorms, electromagnetic pulse attacks, and solar storms. He has been featured in the New York Times, Money magazine, the Toronto Sun, and numerous radio shows. Dr Bradley subscribes to the philosophy that preparedness should always be motivated by love and concern, never by fear and paranoia. His practical approach to family preparedness has received widespread praise from individuals, emergency preparedness groups, and religious organizations. He is the author of several highly acclaimed books on disaster preparedness, including the "Handbook to Practical Disaster Preparedness for the Family," "Disaster Preparedness for EMP Attacks and Solar Storms," and the "Prepper's Instruction Manual." He conducts free seminars around the world, teaching individuals and families how to establish effective disaster preparedness plans.

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**Judith Cole:**

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